



Your News

YOU ARE INVITED TO CELEBRATE

- **ELTOC**
- **Volunteer Appreciation**
- **Wed. April 16, 2014**

Meet and Greet Refreshments will be served	Location 404 McArthur Ave Unit 108	Workshop Understanding Middle Eastern Women's Issues
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12:45 - 1:30
1:30 - 2:30
Please RSVP by April 11

This one hour interactive workshop is aimed to provide theoretical and technical knowledge regarding Middle Eastern women's issues from the lens of the facilitator's own experience as a woman from Middle Eastern background and her professional experience. The participants will enhance their understanding, skills and comfort for working with women from Middle Eastern background on various topics including those related to gender roles, domestic conflicts and religious influences.

It is a great opportunity to meet other tutors and chat with the counsellors. Refreshments will be served. Please RSVP by April 11th to allow for catering and space arrangements.

Nancy, Sharon and Ada
Education Counsellors



March 2014

Attention ELTOC students!!

We would like to send the newsletter by email as much as possible. If you have an email address, and would like to receive the newsletter by email, please let us know!

Just send an email to esl@eltoc.ca stating you wish to receive the newsletter by email, and you'll receive it in full colour electronically from now on. Thanks!!

- The ELTOC Staff

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Announcements

Official Grand Opening!

Heartwood House Grand Opening

"Best Wishes for Heartwood"

A CELEBRATION

Tuesday May 27th at 404 McArthur Avenue

4:00 pm to 7:00 pm

4:00 pm to 5:15 pm

Self-guided or guided tours of the building

Ceremony

5:30 pm to 6:15 pm

WELCOME: Maureen Moloughney

St George's Children's Choir: "Best You Can Be"

Heartwood House Chair

Unitarian Universalist Fellowship Chair

MAYOR JIM WATSON

The Choir: "The Heartwood Song"

SPECIAL GUESTS: Mauril Belanger MP, Madeleine Meilleur MPP.

Councillors: Peter Clark, Mathieu Fleury, Diane Deans.

The Choir "One Voice"

6:15 pm to 7:00 pm

ELTOC open house will follow from 6:30 pm

New Students

The staff at ELTOC would like to extend a most heartfelt welcome to our students who joined us for the first time between January and March 2014:

Khidir Khidir

Leila Nikuze

Qiang Zeng Hou

Khitan Abu-Sheikha

Seyed Mohammed
Fallah Doust

Nahid Sultani

Kumrije Asllani

Evgheni Voroscius

Amira Aboudalal

Dhekra Al-Masyabi

Emebet Gebrekidane

Amal Al-Raheen

Zamzam Alzuwaid

Iraj Kamali

Sima Sedghimahfroujaki

Tutor Featured in *Ottawa Woman* !



Check out an interview with our tutor Patricia Bassett featured in the March issue of *Ottawa Woman*:

[www.ottawa-woman.com/
issues/march-2014/files/
assets/basic-html/page5.html](http://www.ottawa-woman.com/issues/march-2014/files/assets/basic-html/page5.html)

Announcements

New Tutors

The staff at ELTOC would like to extend a most heartfelt welcome to our tutors who joined us for the first time between January and March 2014.

Hongmei Xu

Samantha Strath

Andrew Rankin

Lawrence Winter

Satinder Bajaj

Emilie Doyon

Deborah Stewart

Rebecca Mackay

Beth Malloch-Leclair

Susan Calvert



*****And a very BIG thank you to all returning tutors who've taken on a new student!*****

ELTOC WILL HAVE A REFRESHMENT STAND AT THIS YEAR'S GREAT GLEBE GARAGE SALE!

Saturday May 24, 2014

Last year ELTOC held a successful yard sale at the Great Glebe Garage Sale. This year we are planning to run a refreshment stand and will be selling snacks and beverages to hungry and thirsty bargain hunters. The money raised will go towards program needs.

We will be looking for volunteers to help out at the sale. A volunteer sign-up notice will be sent out at the end of April. If you are interested in volunteering, be sure to save Saturday May 24 on your calendar.

We thank you for your ongoing support of ELTOC !



Congratulations!



Huida A. became a Canadian citizen!

Fatemeh S. got her G1 driver's licence!

Asmae T. became a Canadian citizen!

Hasan G. became a Canadian citizen!

Khola T. became a Canadian Citizen!

Student Submissions

Story About Hanh *Một câu chuyện về Hạnh*

Submitted by: Hanh Thi Nguyen

Hanh colours hair. Hanh says, 
Hanh works in a hairdressing salon.
The salon is on Somerset Street in Ottawa.
Hanh colours curly hair. Hanh colours straight hair.
Hanh colours long hair. Hanh colours short hair.
Hanh also gives massages. She massages clients' heads.
She massages clients' necks. She massages clients' backs.
Hanh likes her job in the salon. She likes her clients too.
Donna is Hanh's teacher. Donna does not colour hair.
Nancy is her ESL Counsellor. Nancy does not colour hair either.

Chinese New Year's Party

Submitted by: Cui Zhu Wang

Spring Festival is an important festival in China. On New Year's Eve, my daughter's family came to my home. We also went to a New Year's party and had a traditional New Year's dinner. We ate sticky rice cake, chicken, ribs, fish, vegetables and fruit. On New Year's Day, my family ate dumplings. The children received lucky money in red envelopes and they had lots of snacks and sweets. At New Year's, my friends greet each other wishing them peace in the coming year.

ELTOC would like to give special thanks to all those students and tutors who contributed to this newsletter!

We need student submissions!

Our Next Issue will be published in June 2014

ELTOC's NEXT ISSUE : Summer goodness!

We'd love to hear all about your summer plans, or why you love summer!

We are also always looking for more yummy recipes!

Please send us your submissions by June 10, 2014



THANK YOU

Student Submissions

Featured Recipe: Qabully Plaw — a Delicious Afghan Dish!

Submitted by: Wajma Samim

- ⇒ 1 kg beef
- ⇒ 4 cups rice
- ⇒ 1/2 cups each of raisin, carrots, pistachios, almonds
- ⇒ oil as needed
- ⇒ 2 teaspoons of sugar
- ⇒ Water as needed
- ⇒ Dry cumin seeds
- ⇒ 3 onions
- ⇒ 1 teaspoon chopped cardamom



First chop meat and onions. Steam the meat until it is soft. In another pan add oil, sugar and stir until the sugar is browned. Fry onions until golden brown. Add meat. Add water and bring to a boil. Lower the heat and simmer until the meat is tender. Add rice and salt. In a separate pan, fry the carrots, raisins. Add cardamom, pistachios and almonds. On the top of rice put the meat, carrots, raisins, almonds and pistachios. Put it in the oven at 300 degree for 30 minutes.

Serve it on a large platter.

Some Highlights of Ottawa

Submitted by: Yan Yan Tang

One Tuesday in October, Christina, my English teacher, took me to visit some sights of Ottawa.

At 9:40 that morning, we were setting out from Kanata. The weather was so cold and there was a cold wind although it was only just fall and the sun was shining. We drove through the Central Experimental Farm and then saw where the Rideau Canal splits from the Rideau River. We passed through the city of Ottawa and arrived at the French Embassy. The Rideau Falls are beside the embassy and across from the old City Hall. Although they are smaller than Niagara Falls, they are still so beautiful. This is where the Rideau River falls into the Ottawa River.

The next stop was to look at the Ottawa River and across to the Gatineau hills. Here, I learned some of the history of the Ottawa River. My teacher told me the Ottawa River goes into the St. Lawrence River in Montreal. I cannot imagine. The Ottawa River is like a girl, so beautiful and charming in the fall. We then went by the residences of the Prime Minister and of the Governor General. We also went by Parliament Hill. Ottawa is an old city, and the Ottawa River is also an old river. Their story is beautiful.

I thank my teacher; she told me these beautiful stories about Ottawa. I love my teacher! I love Ottawa!



Counsellors' Corner

Welcoming ELTOC's New Counsellor!

Our new ESL Education Counsellor, Ada Tagliaferro, is taking over from Nancy Savage who worked for a short period replacing Diane Ramanathan.

While we bid goodbye to Diane and wish her well on her new assignment, we welcome Ada to our office team. She brings with a lot of ESL teaching experience which her tutors will be definitely benefiting from.

Tutor Recommendations

Tutor Claire Haas says that one of the best apps on iPhone or iPad is Duck Duck Moose's "Word Wagon" which presents a picture such as a box. The student must match the letters in the word "box" and the program pronounces the name of the letters as they are touched. Then when the matching is done it pronounces the sounds of the letters in sequence and the word.

Find us online!

ELTOC is now both on LinkedIn and on Facebook.

Please note that as of March 28th our "ELTOC Staff" Facebook page has been deactivated. The new one is called "ELTOC", not "ELTOC Staff", and is located at:

<https://www.facebook.com/eltoc.ottawa?ref=stream&filter=1>.

Don't forget to like us!



ELTOC Online

ELTOC Inspirational Quarterly Quote:

"If you want to change the world, be that change."

- Mahatma Gandhi

